SPIRITUAL DISCIPLINES

2

BOOK

GLC LEVEL 1

SPIRITUAL DISCIPLINES

2

BOOK

GLC LEVEL 1

BOOK 2: Spiritual Disciplines (6th Edition)

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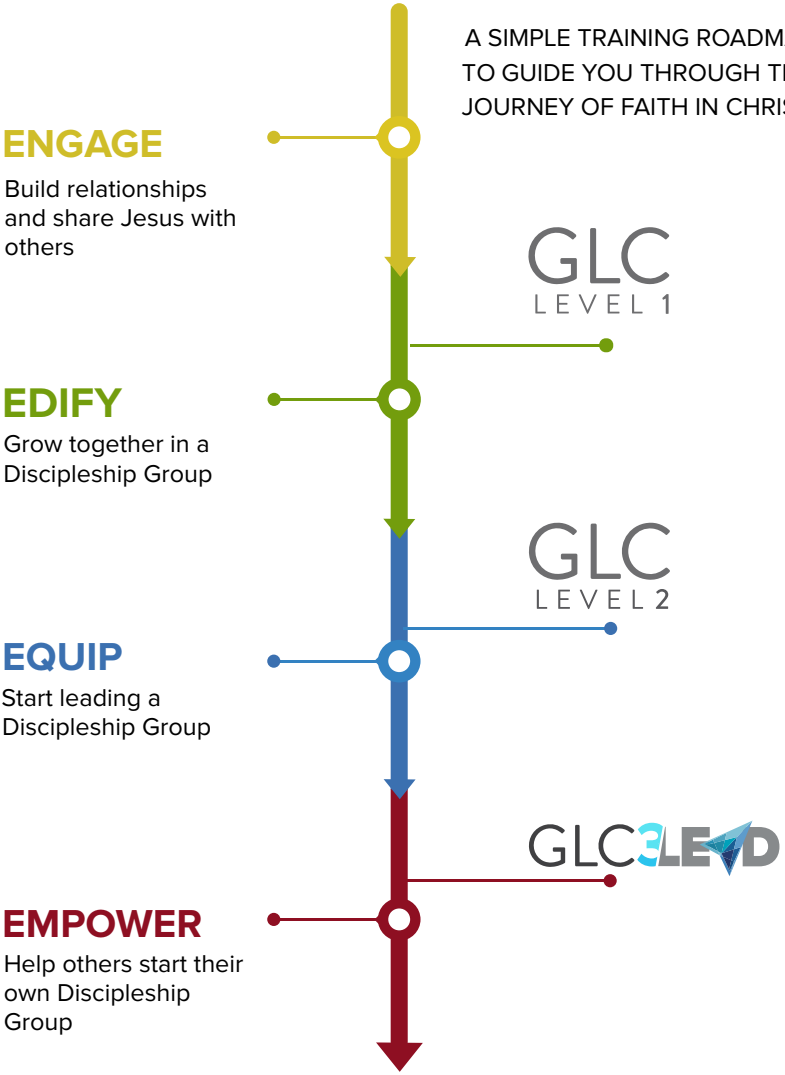
The GLC Program

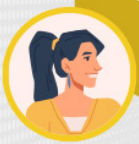
Global Leadership Center (GLC) is CCF's very own discipleship resource to help you grow in your walk, start a group, and help others start their own group.


A SIMPLE TRAINING ROADMAP TO GUIDE YOU THROUGH THIS JOURNEY OF FAITH IN CHRIST.
ENGAGE
Build relationships and share Jesus with others
GLC LEVEL 1
EDIFY
Grow together in a Discipleship Group
GLC LEVEL 2
EQUIP
Start leading a Discipleship Group
GLC3LEAD
EMPOWER
Help others start their own Discipleship Group

DISCIPLESHIP JOURNEY

engage

build relationships and share Jesus with others



Hey, Sis! Do you want to know more about Jesus and the Bible?

Dleader/ Dmember

Okay! When can we meet?

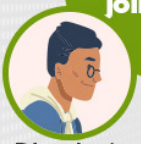
Guest, family or friend

TOOLS FOR YOUR JOURNEY:

Best Decision Tract
Real Talk Booklet

edify

grow together in a Discipleship Group



Bro! Are you interested in joining a Dgroup?

Dleader/ Dmember

Game! Where do I sign up?

Guest, family or friend

TOOLS FOR YOUR JOURNEY:

Real Talk Booklet
True Life Retreat
GLC 1

equip

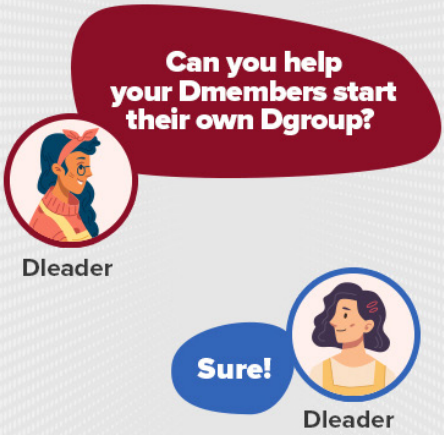
start leading a Discipleship Group

TOOL FOR YOUR JOURNEY:

GLC 2

empower

help others start their own Discipleship Group



TOOL FOR YOUR JOURNEY:

GLC 3

OUR TRAINING

GLC LEVEL 2

GLC LEVEL 1

ENTRY
OPEN TO ALL

▶ GLC LEVEL 1

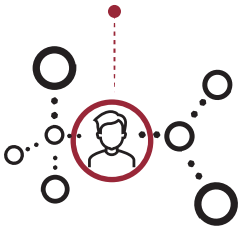
Trainees at this level are taught basic Biblical truths and how to effectively share the Gospel **(Pray, Care, Share)**

MILESTONES

ENTRY
TRAINEES SHOULD BE DISCIPLING AT LEAST THREE PEOPLE

▶ GLC 3 LEAD

Trainees at this level are taught how to be spiritual multipliers



ENTRY
TRAINEES SHOULD BE FOLLOWING UP AT LEAST TWO PEOPLE

▶ GLC LEVEL 2

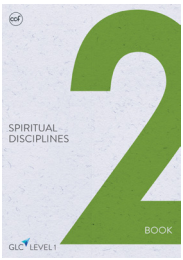
Trainees at this level are taught the right doctrines and how to start discipling through a DGroup

GLC LEVEL 1

OPEN TO ALL
EXPLAINS THE GOSPEL, THE BASICS OF THE CHRISTIAN LIFE, AND CCF'S DNA.

ONE BY ONE

Explore how you can experience lasting change from the inside out through a personal encounter with Jesus Christ. Make a positive impact on the world around you as you discover and live out the truth and grace of the gospel.



SPIRITUAL DISCIPLINES

Learn about spiritual habits that, when practiced diligently will help you know Jesus more. Discover His will for your life through His Word, the Bible.

THE HOLY SPIRIT

Discover who the Holy Spirit is and the importance of the Spirit-filled life for every child of God. Understand the gifts and fruit of the Spirit and learn how to be more dependent on the Lord as you apply the truth about the Holy Spirit in your life.

CCF DNA

See the big picture of what Christ's Commission Fellowship is all about, discover our God-given mission, vision, and core values. Know how you are uniquely designed by God to take part in this lifetime of faith adventure of fulfilling God's great commission.

OPEN TO ALL

True Life, a two-day spiritual retreat, explores the meaning of a truly fulfilling life. Many seek happiness through worldly success, possessions, and relationships, yet these often leave a void.

The retreat emphasizes that it's faith in Jesus Christ alone that brings true life, one that's filled with joy, hope, and purpose. John 10:10, ("I have come that they may have life and have it to the full") highlights Jesus' promise of abundant life. Participants examine their hearts, share their stories, and discover the victorious life Christ makes available to all who believe in Him.

OPEN TO ALL

Coming to know Jesus as our Lord and Savior causes us to experience various changes in our lives, beginning with our hearts. Water Baptism is the outward expression, a symbol of what has taken place inside us when we accepted Jesus as Savior and Lord.

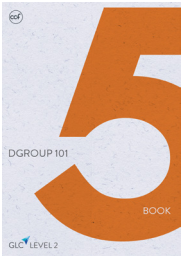
GLC LEVEL 1 COMPLETION REQUIREMENTS

1. Completed Books 1 to 4
2. Registered as a Dgroup Member
3. Attended a True Life Retreat
4. Accomplished the LifeApp form

GLC LEVEL 2

OPEN TO ALL
GLC LEVEL 1 FINISHERS

TRAINS YOU HOW TO START A DGROUP, NURTURE YOUR FAMILY, AND KNOW THE BASIC DOCTRINES OF OUR FAITH.

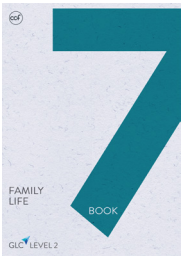


DGROUP 101

Learn about how we grow in a Dgroup that is faithful to Christ's design and is truly transformative.

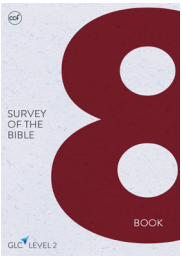
BASIC DOCTRINES

Discover the foundational doctrines behind the Statement of Faith which we believe and profess.



FAMILY LIFE

Be a blessing to your family and lead them to Jesus as you become a Christ-like spouse, sibling, and child.



SURVEY OF THE BIBLE

This module presents an extensive chronological overview of the Bible from Genesis to Revelation.

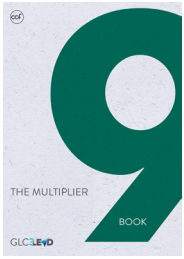
GLC LEVEL 2 COMPLETION REQUIREMENTS

1. Completed all GLC LEVEL 1 requirements
2. Completed Books 5 to 8
3. A Dgroup leader with at least 2 members
4. Accomplished the LifeApp form (signed/attested by Dgroup Leader)

GLC3LEAD

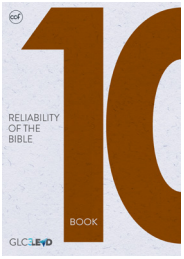
OPEN TO ALL DGROUP LEADERS WITH ACTIVE MEMBERS

TEACHES CCF DGROUP LEADERS HOW TO BETTER MENTOR, COACH, AND EMPOWER THEIR MEMBERS TO START THEIR OWN DGROUP.



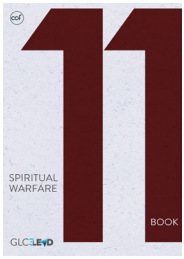
THE MULTIPLIER

Be equipped to lead with Christlike character and multiply leaders for God's glory.



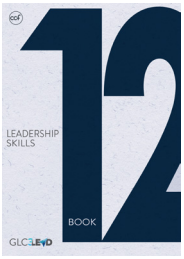
RELIABILITY OF THE BIBLE

Discover why the Bible is truly reliable and examine the historical accuracy of Scripture.



SPIRITUAL WARFARE

This module provides an overview of Biblical principles for winning in Spiritual Warfare.



LEADERSHIP SKILLS

Be equipped to lead others Biblically through mentoring, counseling, conflict resolution, and disciple-making relationships.

GLC 3 LEAD COMPLETION REQUIREMENTS

1. Completed GLC LEVEL 1 and GLC LEVEL 2 requirements
2. Completed all GLC 3 LEAD training modules
3. A Dgroup leader with at least 2 potential leaders
4. Empowered at least 1 potential leader to lead a Dgroup
5. Accomplished the LifeApp form (signed/attested by Dgroup leader)

WHAT'S A GLC LIFEAPP?

The end goal of discipleship is Christikeness. The Christian life is not a "to-do" list; it is a moment-by-moment loving, relationship with our Heavenly Father. It is a life of faith and obedience as we follow Jesus through the discipleship path He has laid for us.

The GLC training curriculum aims for the life application of God's Word. The Bible-based lessons are not merely for information, but for transformation. Hence, the GLC Life App is intended to ensure we apply what we learn.

Download the GLC LifeApp here:

go.ccf.org.ph/LifeApp

GLC TRAINING PLATFORMS

GLC training is offered through different learning platforms so you can choose which one best suits your needs.

GLC FACE TO FACE CLASSES

Make your “on-the-job” training experience more meaningful by joining face-to-face classes and interacting with GLC teachers and other trainees. Check out your local and international CCF satellites announcements and schedules.

GLC | zoom CLASSES

Be part of a live online class and learn together in the comfort of your own home, office, or anywhere you are in the world. Check out your local and international CCF satellites announcements and schedules.

GLC in Dgroups

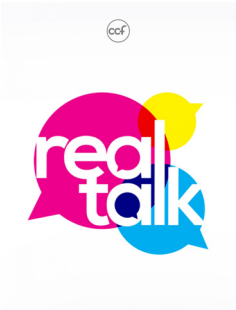
Learn together with your DGroup members as you meet for fellowship, accountability, and Bible study using GLC resources.

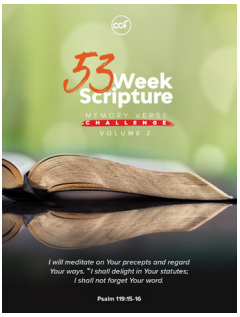
GLC eLEARNING SELF-PACED

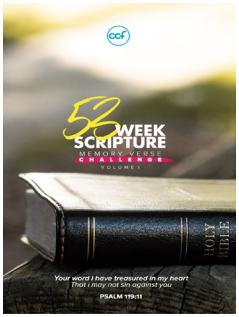
Can’t Attend GLC F2F and Zoom Classes? Choose the GLC E-Learning Self-Paced program that is designed to fit your busy schedule. Start your disicpleship journey to be equipped on your own time, at your own place, and at your own pace.

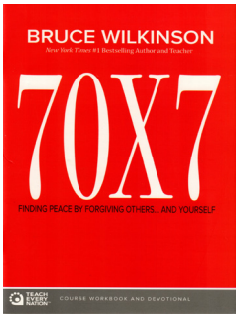
GLC TRAINING

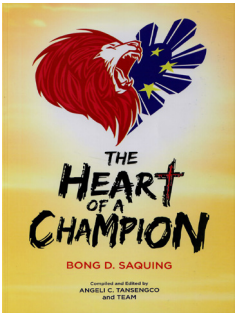
MATERIALS

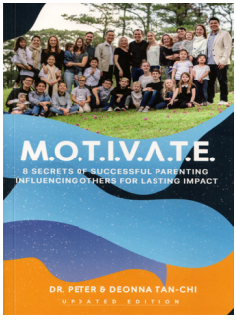



53 Week Scripture
MEMORY VERSE
CHALLENGE
VOLUME 2
I will meditate on Your precepts and regard
Your ways. "I shall delight in Your statutes;
I shall not forget Your word.
Psalm 119:15-16









You may now order GLC workbooks and other GLC merchandise online! Simply arrange for pick-up and delivery to your address and you'll get hold of these well-loved training materials and resources. Use the link the below:

bit.ly/GLCOnlineShop

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INTRODUCTION

In Book 2, you will learn about spiritual habits that, when practiced diligently through God's enablement, will help you know Jesus more. You will also discover opportunities to obey his will for your life.

We are confident that the more you know Jesus, the more you will love God. The more you love God, the more you would want to live your life for Him. A life lived for God is the greatest adventure of all! So welcome to the next step of your journey with our Lord and Savior, Jesus Christ.

HOW TO USE THIS WORKBOOK

This workbook is for the GLC Book 2: Spiritual Disciplines study. If you are a Dgroup facilitator, please make sure that you do a personal Bible study using this workbook ahead of your Dgroup meeting.

Encourage your group members to have their own workbooks. You may download the PDF version for free at glc.ccf.org.ph. Do not divert from the teaching topic – stick to what is in the workbook.

The workbook includes the Bible lesson, and individual and Dgroup learning activities to help you get the most out of your meetings. There are four parts in every session: Welcome, Talk About It, Apply It and Pray It.

Welcome —

Contains individual and small group activities that help prepare you for the Bible study.

Talk About It —

This is where you go through the Bible lesson with the group. This is also where the members of the group get a chance to express more of their insights, questions and thoughts about the Bible lesson. They can do it in writing, doodling or drawing, and sharing with the rest of the group.

Apply It —

This section is accomplished outside the group meeting time. There are suggested individual or group Life Apps that will hopefully help you experience life transformation as you apply God's truth in practical ways.

Pray It —

Suggested prayer points based on the lesson asking for the Lord's grace in applying what has been learned after the study.

This workbook is just a tool. We need to depend on the Holy Spirit to teach us God's truth and transform our hearts as we go through the Bible studies.

So, come and discover the One who will change your life!

SESSION ONE

ONE CONNECTION:
Prayer and Fasting

If you had the opportunity to meet personally with the President or the highest official of your country, what would you say to him? We probably will rehearse what to say or how to act if we ever had the chance. But how many people really get the opportunity to spend an extended time conversing with someone in such a high position? Very few.

Amazingly, we all have the opportunity to speak to someone in an even more important position -- none other than the Lord and Creator of the whole universe. Wherever we are, we have a hotline to Him through prayer. Yet many of us never benefit from this great opportunity because we neglect to pray and fast.

WELCOME

Pair up and share your top three concerns that you are praying for.

Take turns praying for each other from the heart and using your own words. Please take note to be wise in sharing confidential matters.

Learning Nugget

Perhaps we feel that we do not know the right way to pray for our concerns, or for other people's concerns. It should encourage us to know that Jesus demonstrated how we should pray during His earthly ministry.

Prayer is an integral part of the Christian life. A simple guideline that we have for praying with others is to practice prudence when we share concerns of other people as prayer items. We don't want prayer to be a gossip session! Learn to share wisely.

BIBLICAL TRUTHS ABOUT PRAYER

What is prayer?

Prayer is conversing and communing with God and listening to Him for the purpose of aligning our will to His. We come before God in the name of Jesus, based on His Word (the Bible), and guided by His Holy Spirit. When we pray, we worship Him, pour our hearts out in thanksgiving to Him. We bring to Him our needs and the needs of others, and ask that His Kingdom comes, and His will be done in our lives

(Matthew 6:9-13; 1 John 5:14-15; John 16:23-24; Jude 20).

A. Prayer is a personal communication with God.

Read Matthew 6:9

God made us and has redeemed us for fellowship with Himself and prayer is our means of communicating to Him. Prayer is our way of personally relating and connecting to Him.

Read Psalm 81:13

This Psalm speaks of God's desire for his people to listen to Him. Most often we think of prayer as always asking something from God. But there is more to prayer than asking from God.

B. Prayer develops our intimate personal relationship with God.

Read Psalm 27:8; Psalm 84:2

While God is pleased to give us many of the things we ask Him for, His purpose in granting us the privilege to pray is to build a Father/child relationship with Him. The more we talk and listen to God, the more our intimacy will deepen.

C. Prayer shows our dependence on God.

Read Psalm 62:8

In prayer we recognize who we are and who God is. When we pray to God, it shows our dependence on Him for everything we need as His children.

D. Pray in faith.

Read James 1:6-8; Matthew 21:22

Faith is essential to our Christian walk especially in prayers. Faith is belief in the abilities, wisdom, goodness of God; and that He is more than able and willing to answer our requests.

God can do amazing things in response to prayer offered in faith. Our “prayer of faith” fundamentally expresses trust in the God who is all-loving and generous; all-wise and sovereign.

E. Pray according to God's will.

Read 1 John 5:14; Matthew 26:39-44

God's will is always for our best. He will always direct us towards accomplishment of His will and purposes.

F. Jesus modeled a lifestyle of prayer.

Read Luke 5:16

As followers of Jesus, we too must follow His example. If Jesus prayed while He was on earth, how much more then should we be living a lifestyle of prayer?

Jesus Teaches His Disciples How to Pray

If you are not yet very comfortable with prayer, you are in good company. Even the disciples needed some instruction on how to pray.

Read Matthew 6:5-8

1. How are we not to pray? What attitude should we have when we come to the Lord in prayer? Why?

Read Matthew 6:9-10

2. Who is the central focus of the first part of the Lord's prayer? What does this teach us about how we should in pray?

Read Matthew 6:11-13

3. What elements are seen in the second half of the prayer?

Read Matthew 6:14

4. Why do you think Jesus included verse 14 in His instruction concerning prayer? If there is sin in your life, or if your heart is not right with the Lord, what should you do?

TAKE NOTE!

Aspects of the Lord's Prayer

From this passage we can see that there are at least five aspects of prayer implied:

a. Praise and worship: acknowledging God as both Lord and Father (verse 9)
b. Intercession: praying for God's will and work to be accomplished not only in our own lives but for others' as well (verse 10)
c. Supplication: praying for our own needs (verse 11)
d. Confession: acknowledging our need for His forgiveness and grace to purify our hearts (verse 12)
e. Seeking guidance: asking God to keep us following His will and walking in His way (verse 13)

> **More than just giving and receiving, prayer is building an intimate relationship with Him.**

5. According to 1 Timothy 2:5, how many mediators are there between God and man?

6. Based on what the Bible teaches, who can be the only mediator between you and God? (1 Timothy 2:5)

7. In your experience, have there been other mediators that you prayed to before? Why?

8. Now that you know what the Bible says about who our only mediator is, how will you apply this in your prayer life?

What is Fasting?

Fasting is the voluntary abstinence from food for a specified duration of time to feast in God's presence.

This may require repentance from sin and a healthy expression of remorse, to earnestly seek God's will, and to be more intimate with God as we spend extended time in reading His Word and in prayer. Foregoing something essential such as food, allows us to express how sincere and determined we are in aligning ourselves with God's heart by humbly seeking His answers to our questions, praying for His provisions for our needs, and asking for spiritual breakthroughs.

Why Should We Fast?

Fasting is a demonstration of our dependence on God and His pleasure more than what sustains our physical life (Nehemiah 1:4, 9:1; Esther 4:3; Daniel 9:3; Joel 2:12; Matthew 6:16-18; Acts 13:2; Isaiah 58).

A. Read Matthew 6:16-17
Why did Jesus say, “Whenever you fast” instead of “If you fast” in these verses?

B. Read Matthew 4:2
Why do you think Jesus fasted at the beginning of His ministry?

C. Read Acts 13:2-3 (see also Acts 14:23)
What were some reasons for fasting in the early church?

The Bible is full of examples of people who have abstained from food to seek God:

- Nehemiah fasted to help him confess his sins to God and turn away from them and to ask God for favor in the sight of the king of Persia to get permission to rebuild the walls of Jerusalem (Nehemiah 1:4).

- David fasted to ask God to intervene because of injustice (Psalm 35:13). In 2 Samuel 12:17, 23, he fasted to ask for a miraculous healing — a request God did not grant

- Mordecai and the Jews fasted upon hearing news of Haman’s wicked plot for their extermination (Esther 4:3).

D. Read Luke 4:1-2 (See also Acts 13:2, Matthew 17:21, Mark 9:29)
In what ways does fasting help us stay focused on God and His guidance?

E. Read 2 Chronicles 7:14; Daniel 9:3
Does fasting bring about personal and national spiritual revival, and if so, why?

THE BENEFITS OF FASTING

Fasting improves our physical condition. Many impurities in the body are burned up when the body is denied food, thus, clearing the mind, cleansing, and healing the body.

The late Dr. Bill Bright, founder of CRU (formerly Campus Crusade for Christ) and who was known to fast regularly has this to share about why Christians should fast:

"Fasting is one of the Spirit's tools for strengthening and transforming grace in our lives. This spiritual practice is a gift from God meant to grow us and draw us into a deepening relationship with Him. Here are some insights drawn from God's Word and personal experience to get you started:

- Fasting and prayer can restore the loss of your "first love" for the Lord (Revelation 2:4) and result in a more intimate relationship with Christ.

- Fasting is a biblical way to truly humble yourself in the sight of God (Ezra 8:21). King David said, “I … humbled myself with fasting” (Psalm 35:13, New International Version).

- Fasting enables the Holy Spirit to reveal your true spiritual condition, resulting in brokenness, repentance and a transformed life. Through fasting, the Holy Spirit will imprint God’s Word deeper on your heart, and His truth will become more meaningful to you.

- Fasting can transform your prayer life into a richer and more personal experience.

- Fasting can result in a dynamic personal revival and make you a channel of life change to others.

If you fast, you will find yourself being humbled as I did. You will discover more time to pray and seek God’s face. And as He leads you to recognize and repent of unconfessed sin, you will experience God’s grace to grow and mature you.”

Your notes here..

What Are the Different Kinds of Fasting?

There are probably as many ways to fast as there are ways to pray, but these two ideas are a starting point.

Normal fast
In a normal fast, a person goes without food for a pre-determined amount of time. Water is allowed and necessary. Extreme care should be taken with long fasts (more than a week), especially if there are underlying medical conditions. It is prudent to consult your physician if you are planning to embark on a long fast.

Partial fast
In a partial fast, a person only eats certain kinds of food for a period of time or has just one to two meals a day. In the Bible, Daniel and John the Baptist maintained a certain diet during their fasts. The 18th Century preacher John Wesley had only bread and water for many days as his fast.

Your notes here..

Starting and Breaking Your Fast

It is important for you to start and end your fast gradually.

Start cutting down on your food intake, especially those with caffeine (coffee, tea, soft drinks) days before you fast. More importantly, pray in advance for God to sustain you physically, mentally and spiritually during your fast.

For the first few meals after your fast, do not immediately go back to your normal food intake. Taking soft food in moderate amounts is best to allow your body to adjust and get back to its normal digestion.

When Should I Fast?

Mike Van Der Klipp, Senior Editor in the Zondervan Bible Group of HarperCollins Christian Publishing writes this:

"God desires that his people come to him in all situations to seek out his guidance and direction. He cares for us in all situations, because he knows us better than we know ourselves.

David spoke the following truth in Psalm 139: "All the days ordained for me were written in your book before one of them came to be" (v. 16). Since this is the case, there's no better reason for Christians to turn to God for direction. And during these periods in our lives, fasting can sharpen the urgency and intensity of that search."

Precautions

While there are benefits to fasting, some should not fast without professional medical supervision. For example:

- Persons who are physically too thin
- Persons who are prone to eating disorders
- Those who suffer from weakness or anemia
- Persons who have been diagnosed with certain ailments that require continuous nutrition
- Pregnant and nursing women
- People taking prescription medication Consult your doctor before you begin your fast. Be aware that some doctors may not have been trained in this area so their understanding of it may be limited.

APPLY IT

1. When you pray, what do you spend most of your time talking about? How does your normal prayer compare to the pattern Jesus gave us?

2. Take some time to plan your prayer time. Try applying the pattern used by Jesus when He prayed.

3. Begin a “Prayer Journal”. Write down your specific requests then note how and when God answers that prayer. The Prayer Notebook can be organized as follows:

DATE	REQUEST	DATE ANSWERED	ANSWER

Plan for your personal prayer and fasting time. We suggest you start by setting aside one mealtime every week, or every other week. Perhaps you can try within this week while this lesson on the spiritual discipline of prayer and fasting is still fresh in your mind!

During your fast, you can include the items you have written down in your Prayer Journal in those 1-2 hours of prayer time during your fast.

As you grow more accustomed to fasting on a regular basis, you may want to try setting aside a whole day every month to fast and pray. Perhaps you can do this with your family, too. As a church family, CCF holds 3-7 days of prayer and fasting twice a year. We enjoin you to pray and fast with us during these special times of seeking the Lord together as a church!

Read through this helpful article written by Dr. Bill Bright to further inspire you to begin a lifetime of habit of seeking God through prayer and fasting.

How to Make Your Spiritual Experience the Best It Can Be

Dr Bill Bright

Experiencing God's best from a fast requires solid commitment. Arranging special time each day with God is crucial in attaining intimate communion with the Father.

You must devote yourself to seeking God's face, even (and especially) during those times in which you feel weak, vulnerable or irritable.

As you enter this time of heightened spiritual devotion, be aware that Satan will do everything he can to pull you away from your prayer and Bible reading time. When you feel the enemy trying to discourage you, immediately go to God in prayer and ask Him to strengthen your resolve in the face of difficulties and temptations.

The enemy makes you a target because he knows that fasting is a powerful Christian discipline and that God may have something very special to show you as you wait upon Him and seek His face. Satan does not want you to grow in your faith; he will do anything from making you hungry and grumpy to bringing up trouble in your family or at work to stop you. Make prayer your protective shield against such attacks.

My major reason for fasting is for personal revival, revival for our nation and the world, and for the fulfillment of the Great Commission. But praying for our own needs and interceding for others are also important reasons to fast and pray. Bring your personal needs before the Lord, and intercede for your loved ones and your friends. Pray also for your church, your pastor and your community. By your prayers, as you fast with humility, you will help the Great Commission be fulfilled (1 John 5:14-15).

However, do not become so caught up in praying for yourself and others that you forget about simply reverencing and praising God. True spiritual fasting focuses on God.

Center your total being on Him: your attitudes and actions, your motives, desires and words.

Confess your sins as the Holy Spirit brings them to mind, and continue to focus on God and God alone so that your prayers may be powerful and effective.

A renewed closeness with God and a greater sensitivity to spiritual things are usually the result of a fast. Do not be disappointed if you do not have a “mountaintop experience” as some do. Many people who have completed extended fasts tell of feeling a nearness to God that they have never before known, but some who have honestly sought His face report no particular outward results at all.

For others, their fast was physically, emotionally and spiritually grueling, but they knew they had been called by God to fast. Even so, they completed the fast unto Him as an act of worship, and God honored that commitment.

Your motive in fasting must be to glorify God, not to have an emotional experience and not to attain personal happiness. When your motives are right, God will honor your seeking heart and bless your time with Him.

PRAY IT

Our Father in heaven, help me to commit to daily prayer as an essential pillar of my Christian life. Grant me the discipline to consistently communicate with You, pouring out my heart in worship, thanksgiving, and seeking Your guidance in all things.

Help me to incorporate fasting as a spiritual discipline in my life. May these periods of abstinence deepen my dependence on You and increase my sensitivity to the needs of others.

In Jesus' Name, Amen.

SESSION TWO

ONE BASIS:
The Bible

When we receive Christ into our lives, we are brought into a personal relationship with Him. In any growing relationship, there must be good two-way communication. Last session was about prayer – how we are able to build a relationship with Him through prayer. In this session, we will learn about how God also speaks to us through His Word, the Bible.

Mark 7: 7-8, 13 says, "'They worship me in vain; their teachings are but rules taught by men.' You have let go of the commands of God and are holding on to the traditions of men. Thus you nullify the word of God by your tradition that you have handed down."

This Bible passage shows us that our highest and final authority in all things should be God's Word and not religious traditions or human authority.

As followers of Christ, we need to obey what the Bible teaches, otherwise, God will consider our worship of Him useless.

WELCOME

Instructions:

You'll see a few phrases listed below.
For each phrase, simply write in your workbook whether you think it's:

- ✓ From the Bible
- × Not from the Bible

Phrases:

1. "God helps those who help themselves."
2. "I can do all things through Christ who strengthens me."
3. "Cleanliness is next to godliness."
4. "The Lord is my shepherd; I shall not want."
5. "Money is the root of all evil."

Learning Nugget

God gave us instructions for the way He designed life to be lived. If we truly trust God, we will fully obey His will for our lives as well. In our session today, we'll discover how the Bible is our one true foundation—God communicates His will, truth, and love to us through His Word, the Bible. Let's explore how He continues to guide us through it today!

WHAT IS THE BIBLE?

TALK ABOUT IT

For Christians, the Bible is our primary source for knowing God and His ways. It is a living book through which God Himself speaks to us for our instruction, inspiration and direction.

Why follow God' Word?

Read Psalm 119:105

1. How does the Word of God help us?

Why follow God' Word?

Read 2 Timothy 3:16-17

2. How does Paul describe the benefits of the Bible? In what ways do these relate to our lives?

How Do I Learn God's Word?

I. Through Bible Reading
Read Deuteronomy 17:18, 19

3. What was the instruction given to kings to do when they begin their reign? Why do you think they had to write down the whole Law by hand? Why is regular reading of the Bible important to our lives?

See Appendix F for an overview of the books of the Bible.

II. Through Personal Bible Study
Read Ezra 7:9, 10

4. Why was the hand of God with Ezra? What did Ezra commit to do? What were the three elements of his commitment?

Your notes here..

The SOAP Method

The SOAP Method is a proven and effective approach to Bible study built on four practices:

S – SCRIPTURE
Physically write out the Bible verse

Read a passage and write out 1-2 specific verses by hand.

You'll be amazed at what God will reveal to you when you slow down to write or meditate on what you are reading!

O – OBSERVATION
What do you see in the verses you're reading?

Ask questions of the text (who, what, where, when, how).

Who is the audience? Is there a repetition of words? What words stand out to you? What is the main lesson or theme?

A – APPLICATION
When God's Word becomes personal

Consider how you should respond to what you've read.

What is God saying to me today? How can I apply what I just read to my life? Are there any changes I need to make?

P – PRAYER
Pray God's Word back to Him

Thank God for what He's shown you, and for His empowerment as you seek to live faithfully in light of what you've discovered in your time in the Word.

If He has revealed something to you during this time in His Word, pray about it. Confess if He has revealed some sin that is in your life. Take time to thank Him for His goodness in your life.

Sources: 1. https://lovegodgreatly.com/how-to-soap/
2. https://www.biblegateway.com/learn/bible-101/about-the-bible/bible-study-methods/

APPLY IT

SOAP Method Sample

Scripture	Observation	Application	Prayer
Write down 1-2 specific Bible verses.	What do you see in the verses you're reading? (What words stand out to you?)	When God's Word becomes personal. (Consider how you should respond to what you've read.)	Pray God's Word back to Him.
John 14:15 If you love Me, keep my command-ments.	Love, keep and command-ments	Loving God means keeping His commandments.	Lord, may I live in obedience to Your commands every day.

1. Practice SOAP on Matthew 7:24-29. What does the passage show about the importance of obedience? (See example on page 50)

2. Read 2 Timothy 3:16-17. According to this verse, how much of the Bible (Scripture) is inspired by God? If that is the case, how should we respond to what the Bible instructs us to do or not to do?

3. Begin an annual reading program with the goal of reading the entire Bible in the next 12 months. Check out the Bible reading plans at www.biblegateway.com/reading-plans/ GLC 1 trainees are encouraged to read through the entire New Testament.

PRAY IT

Lord Jesus, help me to commit to reading Your Word daily. I recognize it as my daily nourishment, guiding my thoughts, words, and actions. Grant me the grace to be obedient to Your Word by diligently applying its wisdom and principles to every area of my life.

In Jesus' Name, Amen.

Your notes here..

SESSION THREE

ONE FAMILY:
The Church

Many people have been raised attending a church regularly. Whether you were raised in a religious family, or had few experiences with church life, you probably have some idea of what a “church” is like. Most of our beliefs and expectations about the church could have been based on what we were familiar with growing up.

Yet the church, which the Bible describes, may be different from that which many of us are familiar with. How is the church described in the Bible, and how should we, as believers in Christ, relate to the church?

WELCOME

Instructions:

1. Think about a team you've been part of — maybe at school, work, church, or even a family task — where everyone had different roles, but you had to work together to accomplish something.

2. What made the team work well together? Or, what made it difficult to work as a team? Share your answers in your small groups. (1–2 minutes)

Learning Nugget

The Church is called the Body of Christ in the Bible, and like the human body, it is made up of many parts with different functions. We function much better when parts of our body work together in harmony to accomplish the same purpose.

Like a good team, the Church is strongest when we each play our part in unity.

THE FIRST CHURCH

TALK ABOUT IT

Read Acts 2:40-47

1. What are the four elements which characterized the life of the New Testament Church? What were some evidences that God was at work among them?

DGroups and the Early Church

Although the Bible doesn't use the term "Dgroup" or "Discipleship Group," much of what took place during the birth and growth of the early church during the New Testament times is very similar to the groups that we have today.

In the small group, there is fellowship, teaching, worship, and evangelism, all the basic components of a church. It is an intimate group where there can be open communication, personal care, and accountability. This is the heart of what the Bible describes as the "church" in the first century, hence, it should also be the central focus of our church involvement today.

Wouldn't it be exciting to be a part of something so dynamic? The kind of church this passage describes is probably very different from most churches we have known. But this is the way God intended the church to be!

Biblical Definition of Church

The church is the "called-out" assembly of genuine believers, it is not a building.

Read Acts 14:21-23

2. What did Paul do on his trip to plant churches? Who were the people who remained behind to lead the churches?

Read Acts 14:26-27

3. What do you think it means that “they gathered the church?” What does this passage tell you about the nature of the church?

Read Acts 20:20

4. Where did Paul meet with and teach the new believers? Why do you think it was more effective for Paul to teach in this context (house)?

Paul Teaches About the Church

I. The Church as a "body".

Read I Corinthians 12:12-16

5. How does the idea of a body help us to understand how the church works?

Read Ephesians 1:22-23

6. Describe the composition of the church. What are the implications of having Christ as "head" and us as the "body"?

II. Different members, different gifts.

Read Ephesians 4:11-13

7. In verse 11, what did God give to the church? Why did God give these gifts to the leaders of the church? Who is supposed to do the work of the ministry?

The Church in Summary...

- The Church is Christ's Body
- Jesus is the Head of the Body
- We are all parts of the Body
- We each have an important role to play in the Body
- We need leaders to train us for those roles
- Leaders are elders, deacons and overseers
- Elders are chosen because of their maturity
- Sound doctrine is critical for the life of the Church

Read:

The New Testament Church

As we have seen, the church as described in the Bible is not a place, but a community of people with a new relationship with Jesus Christ. It is a source of teaching from the Bible by those who are more mature in their walk with Christ; an opportunity to meet and grow together with other brothers and sisters in Christ; a new web of relationships where love and support can be given and received; and it is where we worship the Lord together. It is also a place where every person has a valuable part to play in keeping the church healthy and growing. You are part of Christ's church, and you should make it a high priority in your life.

8. How was your understanding of the church different from or similar to, what the Bible teaches?

One of the most important elements of our new life in Christ is worship within the church. What is worship, and how should we worship the Lord?

When God's people (the Church) gather regularly to pray, study God's Word, sing praises to the Lord, encourage one another, we often refer to this as a "worship service", or corporate worship. However, we need to make sure that our idea of worship aligns with God's view of it.

What is Biblical Worship?

> Worship is our proper response to who God is, what He has done, and our trust in what He will continue to do.

In John 4:20-24, the Samaritan woman asked Jesus about worship. This was their exchange:

"Our fathers worshipped on this mountain, but you Jews claim that the place where we must worship is in Jerusalem." Jesus declared, "Believe me, woman, a time is coming when you will worship the Father neither on this mountain nor in Jerusalem. You Samaritans worship what you do not know; we worship what we do know, for salvation is from the Jews. Yet a time is coming and has now come when the true worshippers will worship the Father in spirit and in truth, for they are the kind of worshipers the Father seeks. God is spirit, and his worshipers must worship in spirit and in truth."

Jesus tells her several important things about worship:

a. The object of their worship is the Father. Both of them agreed that God was the only true object of worship. Their only point of discussion was how that worship would be done.

b. The temple in Jerusalem used to be the only place where sacrifice for sin could take place. But when Jesus died on the cross, the requirement for sacrifices was done away with. Today, we don't have to be in a special building for worship. Through the blood of Christ, we can enter into direct fellowship with God wherever we are!

c. True worshipers are characterized by two things:

I. Worshipping in Spirit

Read Matthew 22:36-37

1. According to Jesus, what is the greatest commandment? What does that tell us about our worship of God?

Read Hebrews 10:19-22

2. How should our heart be as we draw near to God?

What about idols and images?

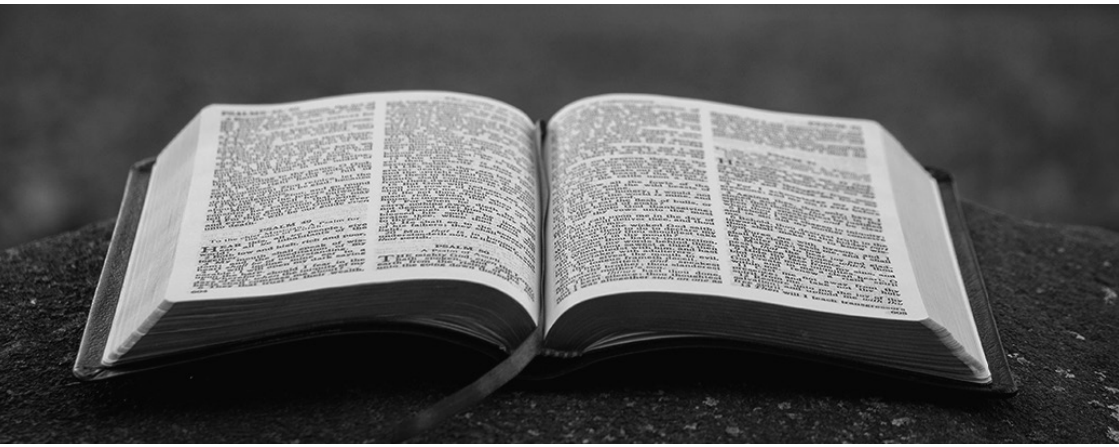
Worshipping God in spirit means recognizing that God is spirit. This means we cannot see Him. We cannot imagine what spirit is like, so often we are tempted to make visible objects which will allow us to think about God in our terms. The Bible has a number of very clear passages regarding this:

Read Exodus 32:4-10

3. What caused the Lord's anger to burn? What did God intend to do with them because of this great sin?

Read Exodus 20:4-5, Psalm 135:15-18

4. What do these passages say about idols and images? Why do you think they are very displeasing to the Lord?



Images and Idols

One of the least known of the original Ten Commandments is the second commandment (Exodus 20:4-5). In fact, many people are not aware it is a commandment. Yet the Bible is clear that God is not pleased when we bow down or worship anything but Him. When we make an image or an idol, it does not do justice to the greatness of who God is. We are tempted to think that something made by human hands has spiritual power in itself. God is not pleased when we dishonor Him in this way.

The good news is that, in Christ, we do not need extra spiritual power. We have the Holy Spirit living inside us, and He is God Himself!

II. Worshipping in Truth

Not only are we to worship God in spirit, but we are also to worship Him in truth. This means that our minds are very much a part of the worship that God wants from His people. It is not enough just to be devoted. We must worship God as He truly is.

Read Acts 2:42 and John 16:13-16

5. In these two passages, how are we led to the truth?

In order to worship in truth, it is important for us to worship in the way prescribed by the Bible.

True worship should be “in the assembly of the upright” (Psalm 111:1). We are admonished by the Lord to regularly meet together to worship so that we can encourage one another. There are no “lone ranger” Christians – we need each other so that together we may worship the Lord in Spirit and in truth.

Your notes here..

APPLY IT

1. Do you belong to a local church fellowship? If not, would you prayerfully consider being part of the CCF church family and Dgroup? What benefits do you think this can bring? We encourage you to join the “CCF Membership Class” to know more what it means to commit yourself to our church family!

2. If you are part of a church fellowship or a small group, recall a time when the church body has extended help and support to you during a time of need. What impact did it make on your walk with Christ?

3. The Old Testament contrasts two people who were the first two kings of Israel: David and Saul. Both worshipped God, but the results were very different in each case.

	DAVID: WHOLE HEART II Samuel 6:5,12-14	SAUL: HALF HEART I Samuel 13:8-14
Action	Sacrifices, dancing, singing	Sacrifices
Attitude	Out of gratitude – to please God	Out of obligation – wanted blessing, victory
Focus	God	Enemies
Manner	With all his might	In his own way
God's response	Established his kingdom	Removed his kingdom

Biblical Worship:

a. What was in David's worship that was not in Saul's that pleased God? Why do you think Saul was unable to show this?

b. Is it possible to do religious ceremonies while our hearts are far from God? How can we avoid this?

c. Pause for a moment and examine how you worship. Is it more like David's or Saul's?

d. Is there someone else other than Jesus Christ that you worship? If there are idols in your life, what changes will you have to make so that you become a true worshiper of God alone?

PRAY IT

Lord, help us, like the early church, to learn Your Word, fellowship deeply, break bread, and pray. Grant us generous and thankful hearts. May we, like Paul, share the Good News, disciple others, and encourage one another. As Your body, help us use our gifts to serve You. May our leaders be godly examples.

Lord God, help us to worship You in spirit and in truth. Deliver us from idolatry and help us to live lives that honor You as the living God. May the Holy Spirit guide us into all truth, and may our worship overflow into acts of love and service towards others.

In Jesus' Name, Amen.

SESSION FOUR

ONE BLESSING:
Generous Giving

There are many changes that happen in our lives when we come to know Jesus as Savior and Lord. Many of those changes take place on the inside – in our hearts. The Bible shows us one form of heart change that true followers of Christ are expected to develop – our attitude towards giving for God's work and the needs of others. In this session, we will study about why being generous givers is one of the greatest blessings we can ever experience in this life.

WELCOME

Which country do you believe is the most generous nation in the world to date?

According to the 2022 Charities Aid Foundation (CAF) report*, Indonesia is ranked first among all countries in the world. It's also quite interesting to note that religion is one of the top driving forces behind our Southeast Asian neighbor's generosity. As a predominantly Muslim nation, Indonesians adhere to charitable giving as one of the five pillars of their faith.

How about you? Would you consider yourself a generous person? If so, what is the main driving force behind your giving?

Learning Nugget

Jesus taught his disciples that "it is better to give than to receive" (Acts 20:35). As Christians, we ought to be the most generous givers of all people! It's been found out that there are 500 Bible verses pertaining to the topics of faith and prayer and yet 2,350 Bible verses on money**. From this bit of information alone, we can tell that God wants to make sure that we have the right view and attitude towards money.

*Source: https://members.wingsweb.org/news/71630; accessed 9/5/22 15:30 GMT+8
**Source: https://churchleaders.com/outreach-missions/outreach-missionsarticles/314227-2350-bible-verses-money.html; accessed 9/522 15:54 GMT+8

DISCIPLINES THAT JESUS WANTS US TO PRACTICE

TALK ABOUT IT

In the gospel of Matthew, you will find what is known as the "Sermon on the Mount", and it contains what is known as the "Beatitudes".

In Matthew 6, Jesus teaches the following disciplines of the Christian life that He wants His people to practice:

- Giving (generosity)
- Prayer
- Fasting
- Eternal perspective (right thinking)

Read Matthew 6:1

1. What does Jesus warn his followers in the very first verse of chapter 6?

Read Matthew 6:2

2. What does Jesus expect us to do for the poor among us (v.2)?

Giving is a *matter of the heart*.

God is our Father and God sees everything.

Read Matthew 6:4

3. What ought to be our motivation for helping others materially (v.4)?

4. What promise does God repeat in verses 2 & 4? What does that tell you about God?

It is our responsibility; it is our privilege to give and help those in need. Your motive for giving is crucial. God looks at the heart; so, whatever you do, make sure your motive is right.

Many religions teach the three important acts of righteousness – giving, praying and fasting. They say, “If you pray, you are brought to the entrance of heaven. If you fast, you are brought closer to the entrance of heaven. And if you give, you are brought into heaven.”

But the Bible teaches otherwise. The Bible is saying that you don't do good things to enter heaven.

However, these spiritual disciplines help you become a good follower of Jesus. God, our Heavenly Father also promised to reward His children for the good they have done on earth because of our love for Him.

Read: Hebrews 6:10

10 For God is not unjust so as to forget your work and the love which you have shown toward His name, in having ministered and in still ministering to the saints.

What's the difference between rewards and salvation?

If you have Jesus, you have eternal life. Our salvation is very secure because it is accomplished by Jesus for us. Rewards are in the future, and rewards can be lost. 2 John verse 8 tells us to be careful so we don't lose our reward. When we enter heaven, we won't all have the same rewards because it is based on our service. Salvation is free for us because Jesus paid for it with His own life. However, rewards in heaven must be earned; we must work for it as we live our lives here on earth. Jesus is telling us that righteous deeds are good. If you do it properly, you will receive rewards.

Salvation	Rewards
Free gift (Rom 6:23; Rom 5:15-16;Eph 2:8-9)	Earned (1 Cor 3:8; Col 3:22-24)
Present possessions (Jn 5:24; Jn 6:47; 1 Jn 5:12)	Future Attainment (Rev 22:12)
Secure (Jn 10:27-28)	Can be lost (2 Jn 8)
Same among believers (Heb 2:3; Eph 1:3)	Different (1 Cor 3:11-15)
Men's part - believe (Jn 3:16; Acts 16:31)	Men's part - Work (1 Cor. 9:27)

I. Giving Reveals Your Heart

Did you know that the Bible has more verses on money and giving than prayers and love combined. Why do you think that is? Could it be because God knows that how we deal with money is a "spiritual thermometer"? It reveals our intimacy with the Lord.

> **Money is an exact index to a man's true character.**
>
> - *Richard Halverson*

What you do with money, with your possessions, reveals your character. Money is the topic covered by most of the parables of Jesus; He often discussed money and giving.

Why is this so? It's because Jesus knows how you use money, spend money, earn money, impacts your eternity!

Read Luke 18:18-25

1. Describe the person who asked Jesus about eternal life. (vv. 18, 21, 23)

2. How did Jesus initially answer the question? (v.19)

3. How did the person respond to Jesus' answer? (vv. 23-24)

4. What did his response reveal about his attitude towards God and money? Did he love God more, or money more?

Jesus knew the man's heart---he did not love God above all and therefore, violated the first and greatest commandment: Love God with all your heart, strength, mind and soul (Mark 12:30-31). Notice that Jesus did not include Commandments #1 and #2 in His answer (v.20) --- to worship only the true God and not to make idols that take the place of God in our hearts and lives. This man made an idol out of his wealth, and did not love God with all his heart even if he did good things and lived a "moral life" (v.21).

> **None of us can enthrone the true God unless in the process we dethrone our other gods.**
> *- Randy Alcorn*

Read Matthew 6:21, 24; 1 Timothy 6:10, 17-18

5. What do these verses say about money or wealth?

6. What then should be our attitude towards money?

> **He who provides for this life but takes not care for eternity is wise for a moment but a fool forever.**
> *- John Tillotson*

II. Giving Recognizes God's Ownership

Giving is a reminder of God's ownership.

> **... the primary purpose for the tithe is to put God first in our lives.**
> *- Rick Ezell*

A. The Principle of Tithing

Read Genesis 14:20, 28:22

The principle of tithing (from the Hebrew word “ten”), was in effect in the Old Testament even before the Law of Moses was given! That’s why we see Abraham practiced tithing even hundreds of years before the time of Moses.

Read Leviticus 27:30

1. Who does the tithe belong to?

Read Deuteronomy 8:18

2. What does this verse tell us about our ability to make money or to “provide for ourselves”?

Read Malachi 3:8-12

3. What does tithing help us to do (first part of the verse)?

B. New Testament Teaching About Tithing

Teaching of Jesus
Read Matthew 5:17, Matthew 23:23
4. Did Jesus abolish tithing?

Teaching of Paul
Read 1 Corinthians 16:1-2
5. What did Paul instruct the churches to do?

Read Deuteronomy 16:17
6. Who are commanded to give an offering (gift) to the Lord?

III. Giving: A Way to Receive God's Blessings

Read Luke 6:38
7. What does God promise to those who give generously?

God's commands are there to protect us and to bless us!

Read Acts 20:34-35

8. What does this passage say about being blessed?

Read 2 Corinthians 8:1-5, 9

9. What can we learn about giving from the example of the Macedonian church? What can we learn from Jesus' example about giving?

Read 2 Corinthians 9:7

10. How are we to give? What kind of givers please God?

> **I value all things only by the price they shall gain in eternity.**
> - John Wesley

APPLY IT

My Giving Journey

Tithing

Carefully and faithfully set aside a tenth of your income or allowance (if still dependent on your parents) weekly, every 15 days or monthly depending on when you receive your salary. Commit yourself to bring the "whole tithe" into God's "storehouse" which in our case, is the CCF satellite where we belong. You may either drop your tithe in one of the tithe boxes, or give through the CCF Accounting Office/ Booth or give online through this link: www.ccf.org.ph/give/ where you will find different options for online giving.

Offering

Giving generously goes beyond tithing. When we give beyond 10% of our income, this is typically referred to as an "offering" or a "love gift". After you tithe, you may still want to give a love gift for our campus missionaries, to BEYOND (international missions), or to CCF Tulong Tayo, CCF's disaster relief ministry, or support the education of out-of-school youth through CCF UPLIFT. Start your generous giving journey this week! Experience the faithfulness of God as you put your trust in Him and His promises by obeying His command to give voluntarily, generously and cheerfully from the heart!

PRAY IT

Lord, we pray that You give us hearts that are generous, rather than takers. Just as You unconditionally gave Your Son Jesus Christ for our salvation, may we learn to sacrificially offer our time, talents, and treasures in service to Your Kingdom.

In Jesus' Name, Amen.

SESSION FIVE

ONE TASK:
Witnessing

How did you come to know Jesus? For most of us, it was because another follower of Christ loved us enough to want us to know Him too.

Maybe you saw something in that person that made you wonder why they were different. Maybe they prayed for you, or showed you special concern. Perhaps at some point they brought you to where you could meet Christ or shared the message of the gospel to you personally. However it happened, now you are a follower of Christ, too!

Now it is your turn! Just like God used someone else in your life to bring you to Jesus, He wants to use you to do the same. He has put you exactly where He wants you so you can bring your family, relatives, friends, class- mates, officemates, and neighbors to Him. Jesus wants you to connect others to Him!

WELCOME

Bless it Forward

Draw four (4) columns on a blank piece of paper.

Think of three blessings you have received from a follower of Jesus that has brought you closer to Him. On the first column, identify the giver of the gift. On the second column, specify the blessing received and how it has brought you closer to Jesus.

On the third column, identify a person you would like to give the same blessing to. On the last column, specify how you plan to give the blessing.

Learning Nugget

We receive so many blessings each day that we tend to take these for granted. The greatest blessing any man, woman and child can receive is the gift of eternal life in Christ. A Christ-committed follower has the greatest privilege of blessing others with the gospel of Jesus Christ.

When we share Christ with someone else, we give them the opportunity to also receive the greatest blessing of eternal life that is found only in Jesus.

BE A WITNESS FOR JESUS

TALK ABOUT IT

I. God's Heart
Read 2 Peter 3:9

1. What is God's desire for those who don't know Him?

Read Luke 19:10

2. Why did Jesus come to earth? What does that tell us about His priorities? How would you compare your priorities to His?

II. Our Part
Read Acts 1:8

3. What did Jesus promise would happen when the Holy Spirit came upon His followers? What would be the result?

What is a “Witness’?

A witness is someone who recounts what they have personally seen and heard. Some people fear that if they tell people about Christ, they will not know enough about the Bible to answer all the questions they may get. So they choose to stay silent. They say they will just be “silent witnesses.” But God wants us to tell something about Him.

It is not the job of the witness to know everything. In court, a witness does not have to be a lawyer or work in a crime lab to be credible. A witness just needs to accurately recount what they saw and heard. It is up to the judge or jury to come to a conclusion based on the eyewitness testimony.

That means anyone is a perfect candidate to be a witness—and that includes you! Your role is to tell people what you have experienced – how you met Christ, and what He has done in your life. People can debate theology or opinions about the meaning of a Bible passage but they cannot contest your personal experience. You are an expert when it comes to sharing about your own life. To be a witness, you just need to share what God has done in your life – no one can debate with that!

Read Romans 10:13-15

4. What do people need to do to be saved? What is our role in that process?

III. How Can You Be an Effective Witness for Christ?

A. Through your life

Read Matthew 5:16

5) How should your life affect those around you?

B. Through your story

Read John 4:39

6. What did the Samaritan woman do after she met Jesus? What was the result?

C. Through the gospel
Read Romans 1:16

7. How did Paul feel about sharing the gospel to others? How do you feel about sharing about Christ with others?

PRAY, CARE, SHARE

Pray – Pray for people and pray with people. First make a list of 10 people that you will begin praying for them to come to Christ. Then look for opportunities to pray with them. While some people may not be immediately open to talking with you about spiritual things, many will be willing to allow you to pray for them. Simply ask them, "What can I pray for you?" When they tell you, pray for them. Then check back and see how God has answered your prayer.

Make a list of ten people with whom you will practice Pray, Care, Share

PRAY		CARE		SHARE	
I WILL PRAY FOR...	WHEN	HOW I WILL CARE	WHEN	WHAT I WILL USE TO SHARE	WHEN
1. George	Tues, 8pm	Treat for coffee	Sept. 9	My testimony	Oct. 3
2.					
3.					
4.					
5.					
6.					

7.					
8.					
9.					
10.					

Care – Show tangible concern for people. Look for ways that you can go out of your way to do something kind for them. There are many ways – treating them out for coffee, bringing food when they are sick, giving them a small gift or sending an encouraging text. They may wonder why you are doing it – if they ask, tell them that you just love them, and wanted to show your love in a tangible way.

Share – Share the gospel with them when the Lord gives you the opportunity. There are many ways to share. Here are two:

1. "What is the Best Decision You've Made in Your Life?"

CCF has developed a simple presentation in booklet form, which you can read through with a friend to explain the message of the gospel and lead a person to faith in Christ.

See Appendix A.

2. One-Minute Testimony. You can introduce the gospel to those who don't know Christ yet by sharing your own story of how you came to know Jesus as Savior and Lord.

See Appendix B for instruction on how to write your "One-Minute Testimony".

Your notes here..

PRAY IT

Thank You, Jesus, for someone sharing the Good News with me. I am grateful for the opportunity to know You. Help me to share that Good News with others. Give me the courage to tell my family, friends, and coworkers about Your love and the hope You offer. May my life reflect Your love and draw others to You.

In Jesus' Name, Amen.

WHAT'S NEXT?

Book 3: Holy Spirit

Great job in completing your Book 2: Spiritual Disciplines sessions! We trust that your relationship with Jesus has been growing as you apply what you learned from Book 2.

To guide and equip you in your continuing journey with Jesus, move on to BOOK 3: The Holy Spirit where you will learn about the Holy Spirit—who He is, His amazing works in the lives of believers in Jesus, the gifts and "fruit" that He gives and enables us to have for supernatural living. Keep on following Jesus as you move on to our exciting Book 3: The Holy Spirit!

SUGGESTED ANSWERS

SESSION 1

Jesus Teaches His Disciples How to Pray

1) He is not impressed with repeated or fancy words, nor does He like meaningless repetition. We should come to God as our loving Father because we want to meet with Him to talk to Him from our heart, not to impress the people around us.

2) It focuses on who God is. It talks about how God is our Heavenly Father, how God is someone to revere, and that we want His will to be done. We should talk to God as our Heavenly Father.

3) It focuses on what we should pray for. We should pray for our daily needs, for forgiveness if we have sinned against God, and guidance to stay away from sin.

4) He wants us to forgive others. If we sin against God, we should ask forgiveness. But if we do not forgive others, we will not experience His forgiveness. If our attitude is not right, it will affect our prayers.

5) There is only one Mediator between God and man.

6) Jesus is the only one who can be the Mediator between you and God.

7) (Give your own answer).

8) (Give your own answer).

Why Should We Fast?

A. God expects us to fast.

Jesus said “Whenever you fast”, not “If you fast.” This means that fasting, like prayer, is not an option. Fasting is part of the Christian life.

B. Jesus Fasted.

Before Jesus’ ministry, He fasted for forty days. He knew He needed spiritual strength to fulfill His purpose.

C. The early church fasted.

“The early church fasted while worshiping and committing their ministry to the Lord. They also sought the Lord through fasting for guidance when they appointed leaders.” [1] The Church fasted for Saul (Paul) and Barnabas. Later, Paul and Barnabas appointed leaders in various churches, fasting and praying before commending these leaders to the Lord.

[1] https://www.cru.org/us/en/train-and-grow/spiritual-growth/fasting/biblical-fasting.html

D. Fasting makes us sensitive to the leading of the Holy Spirit.
We are prone to forget our priorities. Fasting is a visible reminder that God takes precedence overall our needs. Fasting lifts up matters at hand to God who is able to do awesome works that will bring Him great glory.

E. Fasting brings about personal and national spiritual revival.
Fasting prompts revival to an individual and the country. It brings forth a stirring that will heal, change, and prepare us for greater things in God's kingdom.

SESSION 2

Welcome Activity
1. "God helps those who help themselves." × (Not in the Bible)
2. "I can do all things through Christ who strengthens me." ✓ (Philippians 4:13)
3. "Cleanliness is next to godliness." × (Popular saying, not Scripture)
4. "The Lord is my shepherd; I shall not want." ✓ (Psalm 23:1)
5. "Money is the root of all evil." × (Misquoted—1 Timothy 6:10 says "the love of money")

Why Follow God's Word?

1) God's Word gives us guidance and direction for our lives.

2) The Bible teaches us, tells us what to do, tells us what we are doing wrong, and trains us to honor God in the way we live our lives. These are all important to help us be more like Christ, and to be ready to serve the Lord.

How Do I Learn About God's Word?

I. Through Bible Reading

3) The instruction was for the king to write down a copy of the Law. Writing it down by hand would help them learn what it says and remember more accurately. Regularly reading the Bible will help us fear the Lord, stay humble, follow the path that God wants us to follow, and be blessed by the Lord when we obey.

II. Through Personal Bible Study

4) Because he had set his mind to study the Law, to obey it, and to teach it.

SESSION 3

The First Church

1) Learning from the apostles' teaching, fellowship, breaking of bread, and prayer. Sense of awe because of signs and wonders God was doing; selling their things to help others in need; worship and thankful hearts; good reputation with the community; many more people came to know Christ.

Paul and the New Testament Churches

2) He preached the gospel, made many disciples and helped people grow by visiting and encouraging them. Paul appointed some of the people from those places who had become disciples to become elders (leaders), and he prayed for them and committed them to the Lord.

3) He gathered all the believers to meet together. The church was the people, not an organization, a place or a building.

4) Both in public and from house to house. Because in a smaller group there could be more personal involvement and care. They could enjoy greater intimacy and really encourage each other to follow the Lord.

Paul Teaches About the Church

I. The Church as a "body"

5) It helps us understand God has given everyone a gift and all are essential to the proper functioning of the body. Each one is important.

6) Jesus is the Head of the Church. That means He is in control, and the parts of the Body should do what He directs them to d

Paul Teaches About the Church

II. Different members, different gifts

7) Prophets, teachers, evangelists, pastors and teachers. They were given so they could equip the members of the church to serve the Lord. The "saints" (the believers) are supposed to do the work of the ministry.

The New Testament Church

8) (Own answer.)

What is Biblical Worship?

I. Worshipping in Spirit

1) The greatest commandment is to love the Lord completely with everything we are. That tells us that worshipping God is not only important, but it should be a central part of our lives, of highest priority.

2) We should enter God's presence with confidence; we should have full assurance of faith that we can meet with God because of Christ's sacrifice for us.

3) The people of Israel made an idol in the shape of a calf and worshipped it as if it was a god. Because of that, God wanted to destroy them all and start building a new nation through Moses.

4) We should not make any kind of idol, and we should not bow down to or serve any idol or image. God is not pleased because He wants us to worship Him, not idols. When we do, we are attributing deity to the one we pray to.

Idols are not alive and can't do anything. Those who make idols will become like them – unable to hear, see, speak or even live. God is not pleased because idols are not even alive, and He is. Why waste our effort to worship something dead and without power when we can worship the living God?

II. Worshipping in Truth

5) We are led to the truth by being taught about the Word of God, and through the guidance of the Holy Spirit.

SESSION 4

1) Jesus warns us not to do good for the sake of gaining people's admiration or approval (showing off).

2) Jesus expects us to give to the needy/poor among us.

3) We are to be motivated to give to others because God sees us, it pleases Him and He will be the one to reward us.

4) God will reward us for giving to others; God is a Rewarder, He desires to bless us.

Giving Reveals Your Heart

1) A very rich young ruler: he had status in society since he was rich and had power and influence as a ruler. He was also religious since he obeyed the Ten Commandments.

2) By asking a question -- "Why do you call me good?". (Give own answer to the second question).

3) The young man became very sad; he was not happy with Jesus' response about giving up his wealth and give all his possessions to the poor.

4) (Give own answers to the questions).

5) Our hearts will focus on the things we treasure; money/wealth can compete with our devotion or love for God; if we love God, we will not serve money but if we love money, we will not serve God. Money is not evil; it is the love of money that leads to all kinds of evil.

6) We should not set our hearts on wealth. Instead, we are to be generous and willing to share our money to others; to lay up our treasures in eternity by using our earthly wealth to be "rich in good deeds" (do a lot of good to others).

Giving Recognizes God's Ownership

A. The Principle of Tithing

1) The whole tithe belongs to the Lord.

2) It is God who makes it possible for us to "provide for ourselves".

3) Tithing enables us to make sure we are not robbing God.

B. New Testament Teaching About Tithing

4) Jesus did not abolish tithing; Jesus warned us about breaking any one of God's commands in Scripture.

5) Paul gave a direct command to the churches about setting aside and collection of offerings (financial giving).

6) Giving is for everyone, both rich and poor.

Giving: A Way to Receive God's Blessings

7) When we obey God's command to give generously, we will be blessed.

8) It is more blessed to give than to receive!

9) They gave very generously even if they themselves were in deep poverty and in a severe trial; the Macedonians gave themselves first to the Lord, which resulted in their giving joyfully, voluntarily and richly towards others. Jesus made Himself poor so that we will be rich; He gave us His grace very generously!

10) God wants cheerful givers. We are to give willfully, voluntarily, and cheerfully.

SESSION 5

God's Heart

1) He does not want them to perish, but to repent so they can know Him.

2) He came to seek those who are lost. That was His highest priority. We should have the same priorities as Jesus has.

Our Part

3) He promised that they would receive power from the Holy Spirit. The result would be that they would be witnesses, telling people everywhere about Christ.

4) They need to hear the Word of God and call upon the name of the Lord. We can be the person that God uses to tell people about Christ.

How Can You Be an Effective Witness for Christ?

A. Through your life

5) People will glorify the Father when they see the way we live our lives.

B. Through your story

6) She went and told others in her village about what Christ had done. The result was that many people believed in Christ because of her testimony.

C. Through the gospel

7) Paul was not ashamed of the Gospel because it has power to bring salvation.

8) Paul calls us ambassadors. As Christ's ambassadors, we are to urge people tp be reconciled to God.

APPENDIX A

WHAT IS THE BEST DECISION YOU'VE MADE IN YOUR LIFE?

There are four important truths that we must know:

I. GOD LOVES YOU and desires that you:

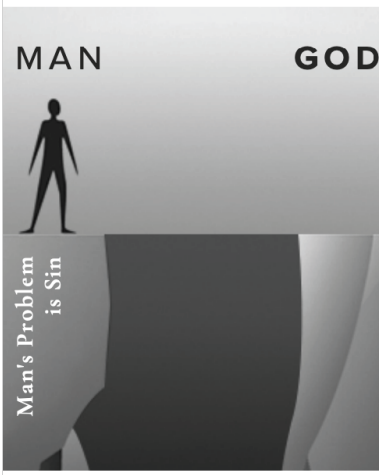
- **Have eternal life with Him.**
  "For God loved the world so much that he gave his only Son, so that everyone who believes in Him may not die but have eternal life." **(John 3:16)**
- **Have an abundant and meaningful life with Him.**
  "The thief comes only in order to steal, kill, and destroy. I have come in order that you might have life — life in all its fullness." **(John 10:10)**

  But most people aren't experiencing a meaningful life and aren't sure that they have eternal life because...

II. Man has a SIN problem that SEPARATES him from GOD.

1. Everyone has sinned.
Romans 3:23 says, "everyone has sinned and is far away from God's saving presence."

2. The penalty of sin is death.
"For sin pays its wage — death; ..." **(Romans 6:23)**

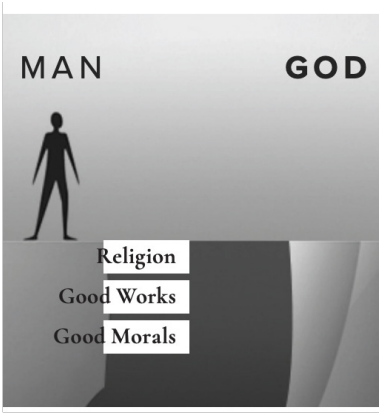


The Bible talks about different kinds of death:

- **Physical Death**
  "Everyone must die once, and after that be judged by God." **(Hebrews 9:27)**

- **Spiritual death or eternal separation from God**
  "But cowards, traitors, perverts, murderers, the immoral, those who practice magic, those who worship idols, and ALL LIARS — the place for them is the lake burning with fire and sulphur, which is the second death." **(Revelation 21:8)**

Since sin separates man from God, what is the solution to this problem?

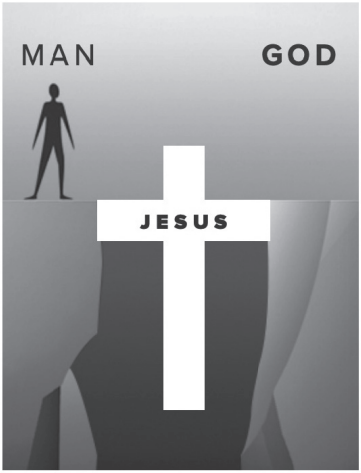


We often think religion, good works, good morals are the solution. **But there is only one solution from God.**

III. JESUS CHRIST is God's ONLY way to eternal life.

- **Why?**
  He is the **ONLY** way.
  In **John 14:6,** Jesus says, "I am the way, the truth, and the life; no one goes to the Father except by Me."

He COMPLETELY paid the penalty of your sins.



"For Christ died for sins once and for all, a good man on behalf of sinners, in order to lead you to God." **(1 Peter 3:18)**

His resurrection proves that He is the Son of God, the Messiah, the only Savior.

"It is about His Son, our Lord Jesus Christ: as to His humanity, He was born a descendant of David; as to His divine Holiness, He was shown with great power to be the Son of God by being raised from death." **(Romans 1:3-4)**

Merely knowing what Christ has done for us is not enough.

IV. We must place our FAITH IN JESUS CHRIST to save us.

We are saved by God's grace through faith in Jesus Christ alone.

"For it is by God's grace that you have been saved through faith. It is not the result of your own efforts, but God's gift, so that no one can boast about it." **(Ephesians 2:8–9)**

He promises eternal life.

"Whoever believes in the Son has eternal life; whoever disobeys the Son will not see life, but must endure God's wrath." (John 3:36)

Based on **Ephesians 2:8–9,** if salvation can be expressed in a formula, which do you think is the correct one?

A FAITH IN JESUS + GOOD WORKS = SALVATION ex. GOOD WORKS (charity, prayer, good deeds vs. sin)

B FAITH IN JESUS = SALVATION which results in good work

Ephesians 2:10 tells us good works come as a by-product of salvation: "God has made us what we are, and in our union with Christ Jesus He has created us for a life of good deeds, which He has already prepared for us to do."

> **Good works are not the means to salvation, rather they are the evidence of your salvation.**

We show our faith in Jesus Christ by:

1. Accepting His gift of eternal life through prayer
2. Turning away from our sins
3. Surrendering our lives to Him

For sin pays its wage — death; but God's free gift is eternal life in union with Christ Jesus our Lord. **(Romans 6:23)**

“If anyone wants to come with Me, he must forget self, carry his cross, and follow Me.” **(Matthew 16:24)**

God promised that you can know today that you have eternal life when you trust in Jesus.

This will determine your eternal destiny.

Perhaps you have trusted God for many things, but today He is asking you to trust Him alone to save you. **He is offering you forgiveness and eternal life, and He wants to have a personal relationship with you.**

Are you willing to make the decision to trust and follow Jesus as your Lord and Savior?

Pray this in faith:

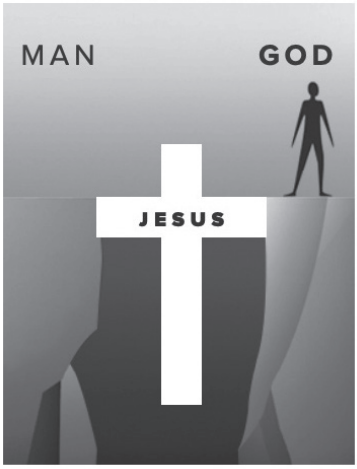
Lord Jesus, thank you so much for loving me. I confess that I have sinned against you. Thank you for dying on the cross for my sins. Today, I put my trust in You as my Lord and Savior. I accept your free gift of eternal life and I surrender my life to You. Thank You for forgiving my sins. From this day on, I choose to follow You.

In Jesus’ Name, Amen.

If you have just trusted Jesus Christ, then the following things have happened to you:

Your ETERNAL LIFE WITH GOD BEGINS TODAY.

"I am writing this to you so that you may know that you have eternal life — you that believe in the Son of God." **(1 John 5:13)**



All of your sins are paid for and forgiven. (past, present, and future sins)

"He rescued us from the power of darkness and brought us safe into the kingdom of His dear Son, by whom we are set free, that is, our sins are forgiven." **(Colossians 1:13–14)**

- **You are a new person in God's eyes. A new life has begun for you.**

  "Anyone who is joined to Christ is a new being; the old is gone, the new has come." **(2 Corinthians 5:17)**

- **You became a child of God.**

  "Some, however, did receive Him and believed in Him; so he gave them the right to become God's children." **(John 1:12)**

Today is your spiritual birthday.
HAPPY BIRTHDAY!

As a reminder of your commitment today, read and sign this pledge:

Today, I trusted in Jesus to be my Lord and Savior and I accepted His free gift of eternal life. From now on, I will follow Jesus for the rest of my life.

Signed _____ Date _____

You now have a very personal and permanent relationship with the Lord Jesus Christ. To grow in your relationship with Him:

- **Pray to Him everyday.** This is how we talk to God.
- **Read the Bible.** This is how God talks to you. Begin with the Gospel of John. Read a chapter a day and ask the Holy Spirit to help you understand it.
- **Join a discipleship group to grow.** Learn more about God and how to please Him in a discipleship group.
- **Attend a Bible-believing church** to learn more about God and how to worship Him.
- **Share this booklet** to bless your family, friends, and others.

APPENDIX B

ONE MINUTE WITNESS™

One of the World's Easiest
Faith-Sharing Tools!

Share my faith, Who me?

Your country needs you... Your friends need you...
Your Savior needs you... To bring them hope!

Aren't you glad someone shared their faith with you? If Jesus is the answer, shouldn't we be actively sharing His solutions with others in this broken world?

ME, share my faith? Yes. God has chosen you and me to be His ambassadors, His voice, His beating heart. Why? Because there is no better advertisement for His life-changing love than you and me! We are His trophies of grace.

Maybe you're thinking that evangelism is too hard or it's the pastor's job. Or maybe you're worried someone may ask a hard question.

These thoughts and fears aren't new. They just reflect 'creative thinking' on the part of our own insecurities. In fact, God invites all Christians to share their faith.

Sharing our faith not only blesses the recipient, it blesses you back. Plus, God even gives us the Holy Spirit to help us so we never do this alone. Let's decide to shut-off that voice of insecurity, and ask God to give us 'spiritual ears' to hear His voice!

We ALL can do this. We ALL have a story, and this **ONE-MINUTE-WITNESS™** tool makes it fun and easy. After learning and applying this **ONE-MINUTEWITNESS™** tool, a pastor said, "To think I have wasted all these years by not sharing my faith. Now I can do it with confidence."

AND SO CAN YOU...
I GUARANTEE IT!

Tom Elie
International Evangelist

Evangelism Made Easy

The **ONE-MINUTE-WITNESS™** tool can revolutionize your life and mobilize you in sharing your faith without fear. Thousands of others are using it. So give it a try... for the sake of those God intends to influence through you!

The One-Minute Witness Tool

1. Permission
2. B.C. (Before Christ)
3. T.P. (Turning Point)
4. A.D. (Anno Domini)
5. “If I had not met Christ...

Permission

Use your fingers to help you remember these 5 easy steps!

Because God loves people, He wants us to tell them about Jesus: whether they are strangers or friends. Here's a great way to start:

PERMISSION

When we ask people 'permission' to share our thoughts, we treat them with respect, and their defenses come down. Here's a way to transition your conversation...

"I wonder if I could ask you a question?" If they agree, ask...

> **"What would you say is the best thing that has ever happened to you?"**

People invariably smile. Why? It taps into their memory archives and brings up pleasant thoughts. After they finish their story, then ask...

> **"May I share the greatest thing that has ever happened to me?"**

Be brief. Sow the seed of the Gospel in around 60 seconds; that's a '**ONEMINUTE- WITNESS™**' A brief story will help keep your friend engaged.

NOW IT'S TIME TO START YOUR STORY...

B.C. (Before Christ)

Begin your BC Story

We all have a 'B.C' story, our life **'BEFORE CHRIST.**' What was your life like before you personally fell in love with Jesus? I DIDN'T SAY before you went to church or got confirmed. I DO MEAN when you truly surrendered your heart and life to Christ.

Here's where we start writing YOUR B.C. story. First, think of three adjectives that describe your B.C. life.

Perhaps you were lonely, frustrated or lacked purpose. Perhaps you had success without significance, lots of guilt or anxiety. Maybe you were hopeless in life or angry at God or afraid to die. The list goes on.

Maybe you're like me. You surrendered your life to Christ at a young age and can't remember a specific moment of conversion. Even though I was young, there are some things I remember: my need for forgiveness, feelings of guilt, and knowing there has to be a God.

As you remember your B.C. days, YOUR STORY begins to take shape. Go ahead and finish this sentence with three adjectives or phrases and write them on page 111:

"There was a time in my life when..."

T.P. (Turning Point)

Begin your T.P. story

Everyone has a season when their spiritual curiosity kicks in, a time when you see your spiritual need. This is your **TURNING POINT.**

It could have been during a church service, during a crisis, a healing or answered prayer. It could have occurred when someone shared their faith with you or even when you experienced success, yet still felt empty.

My T.P. sounds like this: “One day someone told me about a God who really loves me. This God was personal and not distant, and invited me to live in heaven with Him forever. But I had a problem. Heaven’s perfect, and I’m not, so I couldn’t get in. But this God, named Jesus, made a way for me. He came to earth 2,000 years ago and became the perfect sacrifice. He died for me to remove my sins. All I had to do was receive His gift. So I asked Jesus to forgive me, and I invited Him to become the leader of my life.”

WHAT’S YOUR ‘TURNING POINT’? How did you hear about Jesus? What did you ask Jesus to do in your life? Write this on page 111.

A.D. (Anno Domini)

Begin your A.D. story

A.D. MEANS 'ANNO DOMINI'. It is Latin for 'the year of our Lord.' This is the easiest and most fun part of our story because we get to talk about the positive change Christ has made in our lives.

Here are some of the benefits of coming to know Christ and the difference He makes in our lives: having new joy, a sense of purpose and fulfillment, no more guilt, new friends, and assurance of eternal life. It's a picture of the father rejoicing when his prodigal son came home. "My son was lost but now he's found, he was dead but now he's alive!" (Luke 15).

My A.D. sounds like this, "Since asking Jesus to be the king of my life, I have new purpose, new joy, and the confidence that I can go to heaven when I die."

FIND THREE ADJECTIVES THAT DESCRIBE THE POSITIVE CHANGE THAT CHRIST HAS MADE IN YOUR LIFE.

That's not too hard, is it? Turn to page 124 when you have come up with your answers.

If I Had Never Met Christ...

Begin your T.P. story

Imagine what your life would be like without knowing Jesus. That sounds frightening, doesn't it? You certainly wouldn't have the blessings you just described in A.D.

Let's wrap up your story with what your life might be like if you had never met Christ. When you speak, the listener will hear your heart. Some people say their life would be empty, meaningless or still searching for purpose. Others say they would be in jail, on drugs, divorced, or even dead. Life would be radically different. When you're done, thank them for listening.

I am told the average person hears the Gospel 7 times before they give their life to Christ. Our immediate goal is not to win them to Christ, but to plan the seed of your testimony. Anything more than that is a bonus!

You can respond to their questions if they are open to talk more. Just don't get into a discussion over doctrine. The power of your story is simply sharing your heart. It's like the blind man who said, "I don't know much about this man who healed me. All I know is that I once was blind, but now I see" (John 9:25).

Finish this sentence and write your answer on page 112.

IF I HAD NEVER MET CHRIST, ...

Finish this sentence with three adjectives or phrases...

"There was a time in my life when..."

1. _____

2. _____

3. _____

What was your 'turning point'?

1. How did you hear about Jesus?

_____

_____

_____

2. What did you ask Jesus to do in your life?

_____

_____

_____

Inviting the Holy Spirit

The ONE-MINUTE-WITNESS™ tool is simply an aid to help you share the life- changing story of Jesus. It is only a tool. It is NOT the message. We must put our confidence in the leading of the Holy Spirit and in His ability to “draw all men unto Him” (John 12:32).

Jesus often approached strangers... like the woman at the well, Zacchaeus who was in the tree, and Matthew the tax collector. Other times Jesus built relationships and then shared, but He was quick to obey His Father’s voice. So when, how, and with whom do you share your faith? Begin each day with the following prayer and ask the Holy Spirit to lead you to someone.

“DEAR JESUS, I AM AVAILABLE. PLEASE PROVIDE AN OPPORTUNITY TO SHARE MY STORY TODAY. AMEN.

Taking it Further...

After sharing the ONE MINUTE WITNESS, you may ask them questions, such as:

1. “So what about you? If you died tonight, do you think you would go to heaven?”

2. “How do you think someone gets to heaven?”

3. “May I tell you how the Bible says you can know you’re going to heaven?” If their answer is “yes,” introduce the ‘ABCs.’

'A'- ADMIT I have done wrong, and my sin separates me from a holy God. (Romans 3:23)
'B'- BELIEVE that Jesus Christ died to forgive me, and then rose again, proving He is the one true God. (Romans 10:9–10)
C'- CONFESS my sins to Jesus, and ask Him to be the king of my heart. (1 John 1:9)

If they understand the ABCs, then ask this key question:
"What would stop you from totally surrendering your life to Jesus Christ today?"

If there's nothing stopping them, then ask, **"With God's help, would you be willing to turn away from what the Bible calls 'sin', and follow Jesus daily?"**

Closing Your Story...

If they say "yes," then ask them to repeat your heartfelt prayer using the ABCs. When they are done, congratulate them, and point them toward 3 things: reading the Bible daily, praying daily, and finding a Bible-believing church to attend weekly. Exchange e-mails and phone numbers, and contact them again within 24 hours to congratulate them. Read John 3:16– 17 to them and ask them what it means to them. Ask them how you can pray for them, and invite them to go with you to church or your small group.

FOR GREAT FOLLOW-UP GO TO THESE WEBSITES:
www.frostygrapes.com, www.salvationpoen.com

So my friend, now you are equipped for the adventure of an eternity. Ask a friend to be your witnessing partner for the next 7 days. Email us with your results. And let's be His everyday witness... starting today!

If you want to join others who are serious about taking their faith to a new level, join us at:

www.oneminutewitness.org

Sign up at our Website to receive our FREE One Minute Witness E-mail each week. It will motivate you to focus on things that matter for eternity... souls!

To order this ONE-MINUTE-WITNESSTM booklet, visit our Website above or write:

Oasis World Ministries
PO Box 2244
Maple Grove, MN 55311 USA
763-425-9355 . info@oneminutewitness.org

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*The One-Minute Witness booklet is also available at the CCF Center Bookstore or place your orders with the CCF Center Admin office.

APPENDIX C

TIPS ON USING "WHAT IS THE BEST DECISION YOU'VE MADE IN YOUR LIFE?" BOOKLET

Adapted from
Campus Crusade for Christ

- Be sensitive to the leading of the Holy Spirit
- The best way to use the Best Decision booklet is to simply read through it aloud without adding your own commentary or additional information.
- Seek to communicate in your natural speaking voice, not in a mechanical way.
- If questions come up that would change the topic, discern if it is an honest question or simply a tactic to divert the conversation. If your contact is really trying to clarify a point related to the gospel, then give a brief and straight answer as clearly as you can. Point out Bible verses to show where you base your answer.
- Be sensitive to the level of interest of the person you are sharing with. If he or she seems to lack interest, and there seems to be no response, pause and ask, "Is this making sense to you?" or a similar question to hold the interest of the listener.
- Hold the Best Decision booklet so that it can be clearly seen. Use a pen to focus on certain key points. This will also help hold the attention of the person you are sharing with.
- If you are sharing to more than one person at a time, give each one a copy of the booklet. Ask that everyone follows along as you share. Pray with those who are interested in receiving Christ; when you get to the prayer part, say something like:

  "If you would like to receive Jesus as your Savior and Lord, simply follow after me as I lead in prayer...."

  This will give a chance to anyone in the group to accept Jesus if they choose to.

APPENDIX D

HOW TO HANDLE DIFFERENT RESPONSES TO THE INVITATION TO RECEIVE CHRIST

Instructions: When you get to page 15 (“Pray this in Faith”)in the Best Decision gospel presentation, read through the page as is. After reading through the prayer section, ask, **“Would you like to pray and receive Christ into your heart?”** Wait for your evangelistic contact’s response and proceed accordingly; use the following guide to help you respond appropriately:

Their Response: YES

Your Response: Say something like, “That’s great! Let me go through the prayer again and this time, you pray along with me.” Lead them in prayer, phrase by phrase, aloud with them repeating after you.

Next Step/Comments: If they want to pray silently say, “Why don’t you take the booklet, and as you read the prayer, silently, pray the prayer to Christ, inviting him to come into your life. When you finish, just say, amen, and I will know you have finished.”

Sometimes, a person will state that they would like to pray on their own later in the day. Say, “That is fine. Let me suggest that you take the booklet with you and sometime between now and the time you go to bed that you get alone and read through this booklet again. And when you come to the prayer, pray the prayer to the Lord. And then finish reading through the booklet.”

Their Response: I AM NOT YET READY TO ACCEPT CHRIST
or I AM NOT YET READY TO PRAY THIS PRAYER

Your Response: "Let me show you what will happen when you do invite Christ into your life."

Next Step/Comments: Proceed to **pages 16-17** and use the **future tense** to share the points of what will happen when they do accept Christ. **Do not read the sentence** "Today is your spiritual birthday, HAPPY BIRTHDAY."

Some may not be ready to pray because they did not completely understand, may have their questions answered when you explain what will happen when they pray.

After reading through pages 16-17, ask them again if they want to invite Christ into their life.

If they answer **"YES",** then go back to the 15th page and lead in prayer.

If they answer **"NO",** then say something like,

"I respect your decision, if at a future time you may be ready to accept Jesus as your Savior and Lord, you know how. Thank you for letting me have this conversation with you! I would like to leave this booklet with you so you can read through it again if you'd like to."

APPENDIX E

EVALUATION TOOL FOR GOSPEL SHARING

MD Peer Evaluation Tool for Evangelistic Presentation

Evaluator: _____ Date: _____
Gospel Sharer:_____

Kindly evaluate your partner based on the following criteria. Check the appropriate box under the "evaluation" column that corresponds to your evaluation for each criterion.

Please give your partner specific points for improvement for every "I somewhat agree" and "disagree" evaluation you give.

CRITERION	EVALUATION
Clarity • My partner shared the gospel points in a logical sequence • My partner's voice was easily heard • My partner used words that are easily understood	I AGREE
	I SOMEWHAT AGREE
	I DISAGREE
Connection • My partner introduced himself/herself to me in a friendly way • My partner asked for my name and took some time to listen to my interests and/or needs • My partner related my needs or interests to spiritual truths • My partner maintained good eye contact during our conversation • My partner had me read some of the gospel verses	I AGREE
	I SOMEWHAT AGREE
	I DISAGREE

CRITERION	EVALUATION
Conciseness • My partner transitioned our conversation to the gospel in a timely manner • My partner shared the gospel within the time he asked for • My partner avoided giving additional explanations to what was written in the evangelistic tool	I AGREE
	I SOMEWHAT AGREE
	I DISAGREE
Completeness • My partner shared the gospel points completely. • My partner gave me an opportunity to respond in prayer to Christ's offer of forgiveness, salvation and eternal life. • My partner gave me an opportunity to express to God in prayer my desire to follow Jesus as my Lord	I AGREE
	I SOMEWHAT AGREE
	I DISAGREE

APPENDIX F

BOOKS OF THE BIBLE

***Divisions of the Old Testament**
The Old Testament can be divided into five parts:
Pentateuch. The first five historical books, written by Moses, are also called the books of the Law.
Genesis | Exodus | Leviticus | Numbers | Deuteronomy

Historical Books. The next twelve books tell of the establishment of the kingdom of Israel, of Israel's repeated turning from God to sin, and finally of the Assyrian and Babylonian exiles -- God's punishment.

Joshua | Judges | Ruth | 1 Samuel | 2 Samuel | 1 Kings | 2 Kings | 1 Chronicles | 2 Chronicles | Ezra | Nehemiah | Esther

Poetry. Of the next five books, Psalms -- the Hebrew hymn book -- is probably the best known. **Job | Psalms | Proverbs | Ecclesiastes | Song of Solomon**

Major Prophets. Written shortly before Israel was taken into captivity and during the exile, these books prophesied the coming Messiah and other world events. They also contain warnings of impending disaster if Israel did not turn from her wicked ways.

Isaiah | Jeremiah | Lamentations | Ezekiel | Daniel

Minor Prophets. These last twelve books of the Old Testament are called minor prophets only because they are shorter, not because they are less important. They are mainly concerned with Israel and the coming Messiah. Read one of the books from the choices below, and summarize it's main points.
Hosea | Joel | Amos | Obadiah | Jonah | Micah | Nahum | Habakkuk | Zephaniah | Haggai | Zechariah | Malachi

Divisions of the New Testament
The New Testament can be divided into five parts:

Gospels. The first four books of the New Testament tell of Christ's life and ministry.
Matthew | Mark | Luke | John

Acts. This history of the early church, which also describes the ministries of Peter and Paul, consists of only one book.

Pauline Epistles and Hebrews. Thirteen of the epistles (letters) were written by Paul, and were named for the church, group of churches, or individual to whom they were sent. Although the author of Hebrews is not identified, many believe Paul also authored it.

General Epistles. There are seven general epistles, and they are named not for the recipients, but for the authors. **James | 1 Peter | 2 Peter | 1 John | 2 John | 3 John | Jude**

Revelation. The last book of the New Testament is one of prophecy. It describes the end times and the triumph of Christ in His second coming.

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